

Nutrition News

Read pages 1025-1027 in the text book. While reading, use your lab book to brainstorm ideas for what you will write on. You can answer the main questions listed below or make a quick outline. Whatever works for you. This should not take very long.

Then, write a news article or blog post about how to have a healthy diet and how it relates to what you know about macromolecules. In your writing be sure to address these main question: “What do I need to maintain a healthy diet?” and “How are nutrition and macromolecules related?” You may want to read through some news articles or blogs to get an idea of formatting and style. See the rubric below for requirements. This is where most of your time should be spent.

Once you have written your article, post it on the Padlet board for your class period. Include your name and period in the post. You can copy and paste the text into a post, attach a file to the post, or include a link to your writing.

Then take some time to read through your classmates’ posts and like the ones you would like to see on the class blog!

1st and 2nd period Padlet: <https://padlet.com/MrWixom/ygo6wwedcksm>

3rd and 4th period Padlet: <https://padlet.com/MrWixom/ammd3sg4hyrg>

6th and 7th period Padlet: <https://padlet.com/MrWixom/q23eaha8uyov>

Level 3

- Brain storm writing ideas in lab book
- Full participation in the Padlet board
- Addresses the these main question:
 - What do I need to maintain a healthy diet?
 - How are nutrition and macromolecules related?
- Reference all four types of macromolecules and their functions.
- Address enzyme digestion and building of macromolecules.

Level 4

- Complete all level three requirements
- Include outside research on how at least two macromolecules are related to nutrition.
 - Your sources are cited in the article.
- Include some multimedia resource (A video OR two images OR an interactive OR some other approved resource)
 - Your resource is cited in the article.